

Living in Gratitude for God's Providence



"My God will fully supply whatever you need, in accord with his glorious riches in Christ Jesus."

278

(Phil 4:19)

Jne of the fruits of a life or prayer is a growing awareness of God's goodness and providence. Spending quiet time in the presence of Him, whom we know loves us, gives us new insights into the mystery of his generosity by which, in the gift of his Son, he grants us every good and perfect gift. At Mt. Carmel Center, we are constantly reminded of this in many ways. The fact that we don't have an overabundance of material wealth opens a space where our Lord can continually manifest his providence giving us each day our daily bread. God truly supplies to our needs "in accord with his glorious riches in Christ Jesus" (Phil 4: 19). We see this in the way he moves the hearts of kind people who, without being necessarily wealthy, come to us offering us contributions not only from their monetary treasure, but also from the invaluable gifts of their time and talents. We are constantly humbled and edified by the spirit of joyful giving that our friends show us, which increases our sense of gratitude to them and

Mount Carmel Center

continued from page one

to God. Therefore, we insistently appeal before the Lord that he may multiply these gifts into many more graces and blessings according to their needs remembering our Lord's own promise: "Whoever gives only a cup of cold water to one of these little ones to drink because he is a disciple —amen, I say to you, he will surely not lose his reward" (Mt 10: 42). Our Lord knows well that without the kindness of our benefactors Mt. Carmel Center could not fulfill its mission of nurturing spiritual growth and formation in the Christian community and to be an oasis of peaceful encounter with him. And so, we strive to "persevere in prayer, being watchful in it with thanksgiving" (Col 4: 2).

Fraternally in Christ, Fr. Jorge Cabrera of Mary Immaculate.

OCD Superior



Our Values

In all that we do, the friars at Mount Carmel Center will:

- Maintain a praying presence in the world,
- Live in gratitude for God's providence,
- Treat all with compassion and confidentiality,
- Revere God's work in personal journeys,
- Share the wisdom of the Carmelite Saints and
- Be faithful to the spirituality of the Discalced Carmelite tradition.

Did you know you can donate to the Discalced Carmelite Fathers of Dallas while you shop on Amazon? Go to:

http://smile.amazon.com/ch/75-1249664

and log into Amazon as usual. They will donate 0.5% of the price of your eligible AmazonSmile purchases to the Fathers whenever you shop on AmazonSmile.

Recent Developments

With the help of generous donors from our Ash Wednesday program, the Friars have commissioned the printing of a banner for the large chapel. This banner will temporarily take the place of the painting which was permanently removed.

The Friars recently met at Mount Carmel Center for a meeting to continue their discussion on the future of the Province. In May-June they will all meet again for their Provincial Chapter, which happens every 3 years to make important decisions about the Province, one of them being deciding where each of the Friars will be stationed. We ask your prayers for them.



In March the Friars had their Canonical Visitation by the Provincial. This is a process in which the Provincial visits each community of the Province to provide support, see how they are doing, assess their needs and areas where improvements are needed.

www.mountcarmelcenter.org

Dear Friends,

We at Mount Carmel Center have the responsibility of guiding souls into a deeper relationship with Jesus Christ. Our call is an 'ecclesial' call, a communal call, a call to form a 'family' of believers that continues to trust in the Apostolic truth that has been faithfully handed down to us.

As a mendicant (begging) order who takes a vow of poverty, we receive no direct financial support from any Diocese. We need your personal and financial support to continue our mission. We understand that this past year was financially difficult for many. As we journey on to Easter would you consider donating? We ask that you help as you are able and feel called.

Ways you can help:

- Consider making a donation to the Center. It does not have to be large to be helpful. Any gift, be it \$500, \$1,000, or \$2,500 can help.
- Set up an automatic bank draft through your bank.
- Want to give by credit card or checking account? You can give through our website using Paypal or your checking account. Go to www.mountcarmelcenter.org and click on: Support the Center.



Let Nothing Trouble You

Let nothing disturb you, Let nothing frighten you, All things are passing away: God never changes. Patience obtains all things Whoever has God lacks

-St. Teresa of Avila

I'd like to help the Friars....

Only with your help and financial support, the friars maintain a prayerful presence in the heart of Dallas creating an oasis where people can encounter God in the quiet of their hearts. As a mendicant order, they depend on the generosity of benefactors. Please consider making a donation to the friars.

APPFAI

\$25 \$50 \$100

□ \$_____ other

Please add any special intentions for which you would like the friars to pray. These intentions will be placed before the altar in the community chapel during the season of Lent.

Name _____ Address _____

Phone _____City _____State ____Zip ____

Email

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Please visit: www.mountcarmelcenter.org. Go to: "Support the Center" for various ways to give online.

A Monastery & Retreat House of The Discalced Carmelite Fathers



Mount Carmel Center 4600 West Davis Dallas, Texas 75211

Phone: 214-331-6224 Fax: 214-330-0844

www.mountcarmelcenter.org

"Let nothing disturb you ~ Nothing frighten you ~ All things are passing ~ God never changes ~ With patience you attain all things ~ Who possesses God wants nothing ~ God alone suffices." NON PROFIT ORGANIZATION U.S. POSTAL POSTAGE PAID DALLAS, TEXAS PERMIT NO. 7271

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Here's what others had to say about our recent conferences!

John of the Cross: Mystical Doctor of Love: Degrees of Love

Saturday, February 8, 2020

"I attended Fr. Jerome's conference on Saturday and it was excellent. He inspired me to want to delve further into the topic by reading and reflecting on St. John of the Cross' *Dark Night of the Soul*, chapters 19 & 20. I was intrigued by his description of the human heart, saying this is who we are and where God's love takes place within us. I wanted to hear more. Father Jerome then took us on a journey through the 10 Degrees of Love and it was compelling, a movement from darkness to light - and ultimately to God and his holy wisdom. The impact of this journey on Father Jerome's own life was not lost on us. Father Jerome has a wonderful gift for taking complex ideas from St. John of the Cross and making them accessible to the lay person. This was not a theology lesson, but rather a talk about how we can better live our lives through these 10 steps. The time passed so quickly, I didn't want the conference to end. I could've listened to Father Jerome the rest of the day. I look forward to attending Father Jerome's conferences in the future. Please bring him back more often. Just a note - we had a terrific turnout - about 30 people from all over the Dallas/Fort Worth area. It was time very well spent!" – K.K.

"Interesting & thought-provoking lecture with great handouts for further reflection. Definitely time well spent." - S.O.

Come join us!

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