

Mount Carmel Center



Maintaining a Prayerful Presence



“Our Holy Mother St. Teresa presents prayer as the raison d’être of our life, the source and focal point of all the components of our charism.”

(Const 53)



“We, the Discalced Carmelite Friars who live and serve at Mount Carmel Center, by the very essence of our charism and mission in the Church are called to live a life of prayer that embraces our whole life (cf. Constitutions 15c). “Our Holy Mother St. Teresa presents prayer as the raison d’être of our life, the source and focal point of all the components of our charism.” (Const 53). It is in the loving exchange of prayer that we strive to live in intimate friendship with God (cf. C 15c), who has revealed himself to us in his Son Jesus Christ. In this way of life, we enjoy the company, example and intercession of the most Blessed Virgin Mary. Aware that Christ’s first call to his disciples is to be with him (cf. Mk 3: 14) we spend approximately 3 hours and 40 minutes a day giving him undivided attention in prayer. Of this time two hours are spent in silent personal prayer and the rest in liturgical prayer.



continued from page one

Thus, “sustained by the Word of God and the sacred liturgy, we are led to live in intimate friendship with God.” (Const 15c).

Apart from these moments we also strive to cultivate a quiet and prayerful atmosphere throughout the day at Mt. Carmel Center. Those who visit us frequently point out the peaceful quiet they perceive as soon as they enter the property. This is most surprising to them by the fact that Mt. Carmel Center is located in a very urban area of Dallas, Texas. For this reason, Mt. Carmel Center is considered a true oasis of peace where one can encounter God’s quiet and loving presence speaking to the heart.

Fraternally in Christ,
Fr. Jorge Cabrera of Mary Immaculate,
OCD
Superior



Our Values

In all that we do, the friars at Mount Carmel Center will:

- Maintain a praying presence in the world,
- Live in gratitude for God’s providence,
- Treat all with compassion and confidentiality,
- Revere God’s work in personal journeys,
- Share the wisdom of the Carmelite Saints and
- Be faithful to the spirituality of the Discalced Carmelite tradition.



Did you know you can donate to the Discalced Carmelite Fathers of Dallas while you shop on Amazon? Go to:

<http://smile.amazon.com/ch/75-1249664>

and log into Amazon as usual. They will donate 0.5% of the price of your eligible AmazonSmile purchases to the Fathers whenever you shop on AmazonSmile.

Recent Developments

- ❖ The friars, along with the Sisters of Charity and the Good Shepherd have hired Chris Brown. Chris will assist with ongoing maintenance at the 3 properties. Chris is at Mount Carmel Center on Tuesdays.



- ❖ We have also recently hired a new cook, Breñy Zuniga, who cooks lunch each day for the friars. We are very happy to welcome Chris and Breñy!



- ❖ The Friars are converting the lounge into a recreation and exercise room for the Friars. So far they have an exercise bike and treadmill and hope to add a TV soon.

- ❖ Mount Carmel Center has submitted a grant application to the Catholic Foundation to complete the replacement of all the original windows. Please keep this endeavor in your prayers.

www.mountcarmelcenter.org



A Prayer of a Soul Taken with Love by St. John of the Cross

Lord God, my Beloved, if you still remember my sins in such a way that you do not do what I beg of you, do your will concerning them, my God, which is what I most desire, and exercise your goodness and mercy, and you will be known through them. And, if you are waiting for my good works so as to hear my prayer through their means, grant them to me, and work them for me, and the sufferings you desire to accept, and let it be done. But, if you are not waiting for my works, what is it that makes you wait, my most clement Lord? Why do you delay? For if, after all, I am to receive the grace and mercy that I entreat of you in your Son, take my might, since you desire it, and grant me this blessing, since you also desire that.

Who can free themselves from lowly manners and limitations, if you do not lift them to yourself, my God, in purity of love? How will human beings begotten and nurtured in lowliness rise up to you, Lord, if you do not raise them with your hand that made them? You will not take from me, my God, what you once gave me in your only Son, Jesus Christ, in whom you gave me all I desire. Hence, I rejoice that if I wait for you, you will not delay.

APPEAL

Yes, I want Mount Carmel Center to continue as an oasis of prayer and peace! And, I want the friars to pray for me!

Only with your help and financial support, the friars maintain a prayerful presence in the heart of Dallas creating an oasis where people can encounter God in the quiet of their hearts. As a mendicant order, they depend on the generosity of benefactors. Please consider making a donation to the friars.

\$25 \$50 \$100 \$ _____ other

Please add any special intentions for which you would like the friars to pray. These intentions will be placed before the altar in the community chapel during the season of Lent.

Name _____ Address _____

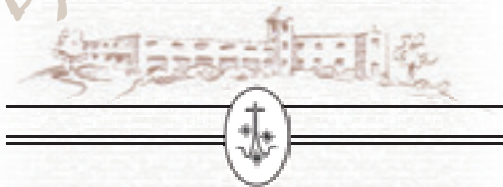
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GIVING ONLINE

Please visit: www.mountcarmelcenter.org. Go to: "Support the Center" for various ways to give online.

Mount Carmel Center



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www.mountcarmelcenter.org

"Let nothing disturb you ~ Nothing frighten you ~ All things are passing ~ God never changes ~ With patience you attain all things ~ Who possesses God wants nothing ~ God alone suffices."

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Lent is Around the Corner!

Please join us on Wednesday, February 26th for a presentation on "Following Christ with an Undivided Heart" by Fr. Jorge Cabrera, OCD. We will explore the dynamics of the human capacity to desire and how it can be both our best friend or worst enemy in the following of Christ. The program will be from 10am to 12pm followed by Mass and ashes at 12:15pm.

